



UMCOR

Global Ministries | The United Methodist Church

Menstrual Hygiene Kit

Value: \$24.00 per kit

Menstrual Hygiene Kit Materials

- **One one-gallon size re-sealable bag**
- **Two 2oz bottle hand sanitizer**
- **Three 4-gallon bathroom trash bags**
- **One travel pack of wet ones**
- **10 Tampons (5 regular and 5 super absorbency)**
 - Unscented
- **10 Sanitary Napkins**
 - Unscented
 - Long super ultra-thin
- **Bath-size soap (3 oz. bar or larger)**
 - No Ivory or Jergen's soap
 - Do not remove from packaging.
- **One pack of flushable wipes (42 count)**
 - Unscented
- **Six laundry detergent sheets**
 - Laundry detergent sheets should be placed inside of a small plastic storage bag prior to being added to the kit.

Assembly Instructions

- Start with a one-gallon resealable bag.
- Place one pack of the flushable wipes and wet ones in the bag.
- Place three 4-gallon bathroom trash bags and the 10 sanitary napkins in the bag.
- Then, add the smaller items in the plastic bag, remove air, and seal.

Important Notes

- All items must be new.
- Do not wash any of the items as they will no longer be considered new.
- Do not include any personal notes, money, or additional materials in the kits.
- Contents of kits or the containers of kits should not be imprinted with cartoon characters, advertisements, religious, patriotic, military or camouflage symbols.

Packing Instructions

- Please send a single check to the Sager Brown Depot or the affiliate warehouse that will receive your donation of menstrual hygiene kits.
- The check amount should cover the total number of kits times \$2.00 for the cost of shipping.
- On the memo line, please indicate that the funds are an additional donation to cover costs associated with relief supply kits.

**For the most up to date and accurate Relief Supply Kit List, go to
<https://umcmmission.org/umcor-relief-supplies/>.**

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