

Mission Central Maternity Kit Instructions

All items must be new.

The kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern entry into other countries, it is important that kits contain only the requested items - nothing more.

Do **NOT** include any personal notes, money or additional materials in the kits.

ITEM	QUANTITY	NOTES
soap	1	1 oz. to 2 oz. size. No Ivory, Jergens or Lisa brands. Keep original packaging. Small hotel size bars are acceptable.
alcohol pad packets	6	Place 6 alcohol pad packets in sandwich size resealable bag. Squeeze out air.
gloves	4 pair	Latex, exam, surgical or thin rubber. Gloves are not required to be sterile. Place in sandwich size bag. Squeeze out air.
plastic sheeting	1 sq. yard	Heavy plastic. Clear or opaque acceptable. Plastic trash bags and shower curtains are NOT acceptable. Must be clean and unused.
cotton string	3	12 inches long. Must be clean. Secure the pieces of string by bundling and tying them together in a loose knot that can be easily opened by midwife. No yarn or thin thread.
single edge razor blade	1	Must be covered in cardboard and taped to the bar of soap to prevent injury. No regular shaving razors or scraping razors. Do not use rusty razors!
receiving blankets	2	Thin fleece or flannel 26" x 26" to 32" x 32" preferred. It is not necessary for material to be flame retardant. No heavy fleece blankets. Do not pre-wash blankets.
plastic bag	1	One gallon resealable bag.

Packaging: Fold the plastic sheeting and blankets so they fit easily into the plastic bag. Place folded plastic sheeting into plastic bag, then blankets, then additional items. Squeeze as much air out of the bag as possible and then seal.