

Mission Central BLESSING Kit Instructions

For youth and young adults.

All items must be new. Do not wash any of the items as they will be considered used.
The kits are carefully planned to make them usable in the greatest number of situations.

Do **NOT** include any personal notes, money or additional materials in the kits.

Two versions of this kit may be made: unisex or female. Please indicate version.

ITEM	QUANTITY	NOTES
hand towel	1	Must be good quality. Kitchen, cleaning & microfiber towels ARE acceptable. Please ensure towel is dry.
hand sanitizer	1	Small to medium size bottle.
disposable cleaning wipes	1	Small to medium size package.
Toiletries		Travel size. Choose 6 of the following to fill quart size bag: toothbrush, toothpaste, deodorant, comb, chap stick, emery board, nail clipper, shampoo, conditioner, body wash, soap. Place in resealable quart size bag.
first aid items	1	Place in resealable sandwich bag. May include band aids, q-tips, antibacterial wipes, tissues or other suitable items.
notebook	1	Small to medium size notebook. No inappropriate advertisements.
Pen	1	Ink pen. Blue or black ink.
reusable water bottle	1	Plastic or metal. 16 - 20 ounce. No glass.
poncho	1	Plastic/vinyl yet able to be folded into a very small size.
blanket	1	Able to be folded into a small size. For example, fleece 50"x60".
drawstring bag	1	Must be water-resistant or waterproof with drawstring. Approximately 14" x 16" so all items fit into the bag. NO religious, patriotic, military or camouflage symbols. Christmas colors, cartoon characters, and ads are okay, except ads for beer, cigarettes, etc.
feminine hygiene *optional*	6	sanitary napkins

Packaging: All items should be placed into drawstring bag.