

Mission Central UMCOR Birthing Kit Instructions

Birthing kits provide essential items to promote a safe, clean delivery and to encourage good aftercare. **All items must be new.** Do not wash any of the items as they will be considered used. It is not necessary for any of the material to be flame retardant. All emergency kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern product entry into international countries, it is important that kits contain only the requested items—nothing more. **DO NOT** include any personal notes, money, or additional materials in the kits. These things must be painstakingly removed and will delay the shipment. Fold the plastic sheeting and blankets so they will fit easily into the plastic bag. Place folded plastic into plastic bag, then blankets, then additional items.

ITEM	QUANTITY	NOTES
small bar of soap	1	1 oz. to 2 oz. size, not Ivory or Jergens Keep in original packaging; small bars such as those found in hotels are acceptable.
gloves	1 pair	latex, surgical or thin rubber; gloves are not required to be sterile
CLEAR plastic sheeting	1 square yard	<u>plastic must be 4 mil. thick;</u> plastic trash bags and shower curtains are not acceptable
cotton string	3	12-inch long pieces; must be clean; secure the pieces of string by bundling and tying them together; no yarn or thin thread please
single edge razor blade	1	must be covered in cardboard and taped to the bar of soap to prevent injury; no regular shaving razors or scraping razors please. DO NOT USE RUSTY RAZORS!
receiving blankets	2	Thin fleece or flannel, 28" x 28" to 32" x 32", remove tags no heavy fleece blankets please
plastic bag	1	one-gallon size, sealable bags only

Fold plastic sheeting and blankets so they will fit easily into the plastic bag. Lay the loose items on top of the blankets and plastic sheeting. Slide all items into the plastic bag. Squeeze as much air out of the bag as possible and then seal it.